



## Banana date ice cream

Melt your date's heart with yummy banana date ice cream made with Alpro

Almond Original.

### Preparation

1. Peel and chop the bananas into 1-2 cm pieces and freeze for at least 2 hours.
2. Remove the banana pieces from the freezer and allow to stand at room temperature for 10 minutes.
3. Blend the Alpro Almond Original with the frozen banana pieces and chopped dates for just 1 min.
4. Serve immediately! If the mixture does not seem solid enough, freeze for an additional hour. Cool!



4 servings



10min



### Ingredients

- 4 bananas
- 200ml Alpro Almond Original drink
- 2 tbsp chopped Medjool dates

### Made with

Almond Original Chilled

