



# Grapefruit breakfast toast

Start your day in a bright way with Alpro Go On Plain

## Preparation

1. Toast the slices of bread until golden brown.
2. Peel the grapefruit and remove the membrane from segments.
3. Spread each raisin toast with 2 tablespoons of Alpro Go On Plain and one tablespoon of orange marmalade.
4. Garnish with the grapefruit and sprinkle mixed seeds and some mint leaves on top.



4 portions



10min



## Ingredients

- 4 slices raisin bread or sourdough
- 1 grapefruit
- 8 tbsp Alpro Go On Plain alternative to strained yogurt
- 4 tbsp Orange Marmalade
- 4 tbsp mixed seeds (pumpkin seeds, sunflower seeds, pine nuts)
- a few sprigs mint

## Made with

Go On Plain

