



Chia seed Kiwi Pops

With Alpro Soya Original Drink

Preparation

Prepare the chia pudding first. Combine 1l Alpro Soya Original with the chia seeds and put in the fridge overnight.

Leave to soak overnight to allow the chia seeds to swell and create a 'pudding' effect.

When the pudding is ready, put a few slices of kiwi in the ice lolly moulds and add the chia pudding until it's full.

Freeze for at least 4 hours. Enjoy!



6 servings



5min



Ingredients

- (for 6-8 ice lollies):
- 1l Alpro Soya Original drink
- 170g chia seeds
- 2 kiwis

Made with

Soya Original Chilled

