



Smoothie Bowl with Kale and Mango

Preparation

Peel and cut the mango into pieces.

Put the mango, Kale and ginger into a blender and blend until smooth.

Add the Alpro Plain with Almond and blend and pop in a bowl.

Cut the passion fruit in half. Quickly dry roast the almonds in a frying pan. Arrange the passion fruit, pomegranate seeds, almonds, and desiccated coconut on top of the smoothie.



1 portions



10min



Ingredients

- 1 mango
- 2 large handfuls of chopped Kale
- 15g fresh ginger, grated
- 100g Alpro Plain with Almond Big Pot
- Toppings
- 1 passion fruit
- Pomegranate seeds
- Whole almonds
- Desiccated coconut

Made with

Plain with Almond

